Parent Seminar: Help My Kid to Level - Up to Enjoy Primary School Life, I Can Do It! Organised by The Education University of Hong Kong as commissioned by the Education Bureau

Indicators of Primary One adaptation Emotion Routine Sociality **Behavior** Attitude

Behavior management Emotion regulation

Positive learning attitude Compliance to routines

Positive social relationships

How to set reasonable expectations and goals for children?



Set expectations according to children's development



Let children involve in developing the action plans



Provide cognitive, emotional and autonomy support A Project process and la

Praise more and learn to accept children's limitations

EDB Parent Education Information at Kindergarten Stage



EDB YouTube Channel

